



WOHELO

The Luther Gulick Camps
South Casco, Maine 04077-0039

SEBAGO WOHELO NEWS

April, 2009

FIRST THE ROBINS THEN THE WO-GIRLS!

It has been a long winter up on the shores of Sebago Lake. The lake did freeze over and much of camp was buried under snow from December until just the other day. The ice is clearing out of the lake and we have been noticing lots of new birds and spring animal activity – camp is coming back to life. We hope this newsletter helps get you as excited as we already are!

Many returning Sebago Wohelo campers and counselors will be thrilled to learn we have fully renovated the Shower House – new tiles, new fixtures, and even doors! A project to do during the summer would be a camp mural on the outside. We hope to bring photography back to camp, but no more darkrooms and chemicals. It is our goal to have computers and printers available for digital work. Bring your camera. We added a Vanguard 420 sailboat to our fleet and look forward to seeing how it works in our program. Once again on Wednesdays we will be offering out of camp adventures such as hiking, overnight canoe trips, or a trip to the coast to sail on ocean sailboat

LOOK IN YOUR MAILBOX

Pretty soon every new camper will be receiving a letter from a returning camper. This is a great time to ask questions you might have about coming to camp for the first time. Then, when you get to camp on the first day, you'll already know someone! You'll even be able to sit together at meals for the first week.

FREE CHOICE @ SEBAGO WOHELO

After the first week or so you will have established your camp routine. Many of you will have a daily schedule that you stick to everyday and some of you will choose different activities on different days depending on the weather and/or your goals. Being able to choose what you do at Sebago Wohelo is very unique. We feel that it is important for girls your age to have the freedom to choose how you spend your time. We hope that every camper at Sebago Wohelo earns the first water honor which is the Bug. Working to earn honors gives you a goal to focus on, puts you in a group of girls that are working towards the same goal, teaches you skills and competency and most of all is the wonderful feeling of satisfaction and accomplishment when you stand in front of the whole camp to receive recognition for that honor. Everyone that earns their Bug gets their own wooden canoe paddle!

NO CELL PHONE, NO IPOD – WHAT?

Coming to camp is like stepping back in time. Our daily schedule revolves around the blow of the bugle not our watches. We have leisurely meals and sing lots of camp songs. The cabins are rustic – almost like you can feel the history when you walk inside. It is not the place for cell phones or other electronics. We are a team, that lives together, talks to one another, relies on each other and most of all we have fun together. If you bring your cell phone or music with you to use while you travel, that's fine, you can turn them into the office at the beginning of the summer so that we can keep them safe.

NEW WOHELO WEBSITE

This fall Wohelo launched a new website. Now if you go to Archives you can look at all the historical photo albums. If your grandmother went to camp she might enjoy visiting

the site with you to try and find some pictures taken during her time. The 2009 page is password protected. The password is **SIVAD**, which is what we call our evening and Sunday meetings at Sebago Wohelo. If you are new to camp, be sure to look at 10 camper questions and our answers. If you have a question that isn't there, send it to us. We're glad to answer questions about your summer.

WHAT CABIN WILL I BE IN AND WHO WILL BE MY COUNSELOR?

Many campers will tell you that the most memorable part of any summer are the friendships they make at camp. For many of you they will last a lifetime. Friendships are made in the cabin and in activities. One nice advantage of the free choice program is that even though you may not live with your best camp friend you can plan to go to activities together. You are welcome to send cabin requests to camp and they will be considered in placing you in a cabin.



Work, Health & Love = Wohelo



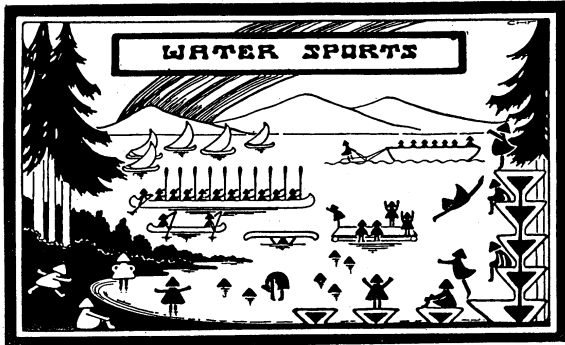
WHAT SHOULD I BRING TO CAMP

Is there anything special you should bring to camp? We will have all your bedding and supplies for you when you arrive but if you have a favorite small stuffed animal or blanket you should feel free to bring them. You might also want to pack some small crafts to do in your cabin and some books to read during cabin time. If you plan to participate in dance than you might want to bring jazz shoes and a leotard. If tennis is your game please bring court shoes – running shoes are not allowed. You might also like to put a couple of pictures from home around your bed. Most of all keep it simple – it won't be long before you will be back with all the creature comforts from home and you will appreciate them all the more after your time at camp.

The 4th of July is always an exciting day at camp with special activities and games followed by our traditional tow of boats. Don't forget to pack a few red, white and blue clothing items for the big celebration.

SLEEPING ARRANGMENTS

When you arrive at camp the beds in your cabin will have been assigned by your counselor. There has been pressure to arrive early to pick out a bed which is not entirely in the camp spirit for those girls that cannot control their arrival. As a cabin you may decide to switch the bed assignments a couple times during the summer, but please help us get started on the right foot by moving into the spot designated for you.



SEBAGO WOHELO STAFF

We love our counselors...

We have a great crew of returning and new counselors. Most of the counselors at Sebago Wohelo have attended for many summers and some were even campers. They love Wohelo and that is why they return summer after summer – to be sure you have the same awesome experience that they had.

Our counselors across the board, whether they have been to Wohelo before or not, are top notch. They attend some of the best colleges in the country, and are leaders amongst their peers. They have experience or a desire to gain experience in teaching. But what we love about our counselors the most is that they know how to have fun, be goofy and rally the troops. We love them and we think you will too.

Returning after a summer away is **Katharine Celata** a girl from Philly who spends most of her time in sailing and also loves to weave. **Elizabeth Connolly** hails from the DC area and is also a sailor, canoer and crafty type – great to have her back at camp. **Ali Cornforth** is from Warren Maine and goes to Bates College. She is an all around girl with a very noteworthy talent – she plays trumpet! Remember **Bridget Curzi** in *Princess and Pea*? Well she's back! Bridget goes to UVM and will be directing Drama and Chorus. **Allison Grenny** from Colorado is coming back for her 11th summer – she is our only returning Head Counselor.

Becca Lounsbury is attending Hartwick College and returning to Sebago Wohelo after spending last summer at Little Wohelo. You'll see her in sailing (pretty much all the time). **Liz Lynch** has been known to wear winter hats on hot days – she is returning to Direct Nature this summer. Our California girls are back. **Emma McCarthy, Ivy Bilikam** and **Sarah Miller** will be returning to keep our lives bright and cheerful. **Priscilla Motley** is also at Bates College and she will be returning to help in sailing, and swimming. **Jorie Olson** is at Bates College, too! Jorie will be in pottery and she is also excited to take out the hiking trips – maybe an overnight! **Beth Penrose** is returning for her 12th summer and attends St. Lawrence College. You'll see her in sailing and swimming. **Emily Reich** is returning after taking a couple summers off – Emily will be helping in drama, chorus and she is also our pianist for the summer. **Jenna Rushton** is from the United Kingdom and she will be teaching dance and lifeguarding this summer. **Kate Selig** will be looking oh-so-poised down on the diving dock. It is also great to have **Lee Ziesing** back with us this summer to help in swimming and canoeing.

Old timers (not in order of age) are: **Mark and Quincy Van Winkle** as the Directors of Sebago Wohelo. **Molly Vianney** as Assistant Director, **Reed Rathgeber** as the Trusted Girl Coordinator. **Anne Hutchinson** will be in Silver Craft and is our resident photographer – she is the one with the really big camera! **Diane Cole** will be keeping everything in order and making sure you get your mail from the camp office. Julie Chan is our new camp nurse this summer. She will come to camp after spending a month working in Nepal helping in orphanages. **Tammy Murray**, our camp cook, is returning for her 24th summer, holy smokes!

New or returning, young or old all the staff at Sebago Wohelo can't wait to see you on opening day. We are all looking forward to a fun and rewarding summer along the shores of Sebago Lake – see you soon!

